

Free School Meals

UNIVERSAL INFANT FREE SCHOOL MEALS - Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of personal circumstances or financial position. However, you still need to register if you are entitled to Free School Meals as this is important and helps school funding.

FREE SCHOOL MEALS - Are you missing out? To check if you are entitled to Free School meal entitlement ask at your school office.

Order and pay for meals online

All meals need to be ordered and payed online

<https://www.culinera.co.uk/myculinera>
or scan the QR code



1. Register your child/children
2. Choose your meals and pay online through ParentPay
3. This works for everyone including pupils on Free School meals

About Culinera

Our aim is to be a long term partner of the school; so we strive to deliver exceptional food every day. We do this by ensuring our team have the tools and skill to cook fresh food, from scratch every single day.

Our food

All of our meals are freshly prepared within the school kitchen. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

Coming up!

This term we are looking forward to celebrating British Food Week, Halloween and Children in Need. More information on this will be communicated separately by your school.

culinera

feeding the future

Autumn 2021

We are looking forward to welcoming you back in September 2021 for a brand new, exciting academic year!

We are working closely with the school to bring back a sense of normality to the restaurant. We hope to get back to normal with a full term of learning, cooking and fun.



KEEP IN TOUCH

You can keep up to date with what is going on by visiting our extranet or App. www.culinera.co.uk



Autumn menu 2021

Available everyday: Packed lunch deli box, home baked bread, fresh salad, jelly, yogurt and fresh fruit

Week	Day	Mains		Sides	Puddings
Please see ParentPay for dates.		Meat	Vegetarian		
Week 1 This week the deli box contains - Sandwich - Mixed salad - Vegetable sticks	Meat Free Monday	Jacket potato bar Fillings to include: Vegetable bolognese 🥬, cheese or baked beans		Carrots, green beans	Oaty biscuit
	Tuesday	Beef lasagne with garlic slice 🌱	Creamy vegetable pie	Peas and sweetcorn	Banana cake
	Wednesday	Roast chicken with Yorkshire pudding	Sweet potato and chickpea roast 🥬	Roast potatoes, vegetable medley	Fresh fruit salad
	Thursday	Minced beef and root vegetable mash 🌱	Roast vegetable cottage pie 🥬	Broccoli, sweetcorn	Lemon drizzle
	Friday	Baked cod fish fingers	Vegetable fingers 🥬	Chipped potatoes, baked beans, peas	Chocolate sponge

Please see ParentPay for dates.		Meat	Vegetarian		
Week 2 This week the deli box contains - Half baguette - Cheese & biscuits - Cucumber sticks	Meat Free Monday	Jacket potato bar fillings to include cheese and baked beans	Baked macaroni cheese	Sweetcorn, carrots	Krispie cake
	Tuesday	Chicken and vegetable chow mein 🌱	Vegetable chow mein	Broccoli, cabbage	Carrot cake
	Wednesday	Roast turkey with Yorkshire pudding	Roast Quorn fillet with Yorkshire pudding	Roast potatoes, carrot, cauliflower	Spiced apple sponge
	Thursday	Mild chicken curry	Mild vegetable curry 🥬	Rainbow rice, green beans, sweetcorn	Fruit shortbread
	Friday	Baked battered fish	Vegetable nuggets	Chipped potatoes, peas, baked beans	Fresh fruit salad

Please see ParentPay for dates.		Meat	Vegetarian		
Week 3 This week the deli box contains - Sandwich - Pasta salad - Vegetable sticks	Meat Free Monday	Jacket potato bar fillings to include tuna, cheese and baked beans 🐟	Culinera tomato and cheese pasta	Green beans, sweetcorn	Chocolate cookie
	Tuesday	Sweet and sour chicken	Sweet and sour vegetables 🥬	Rice, broccoli, carrots	Cheese and biscuits
	Wednesday	Chicken sausage and mash	Vegetable sausages and mash	Medley of vegetables	Fresh fruit salad
	Thursday	Cheese and tomato sourdough pizza		Baked sliced new potatoes, coleslaw	Fruit flapjack
	Friday	Baked cod fish fingers	Vegetable fingers 🥬	Chipped potatoes, baked beans, peas	Marble sponge

ALLERGY INFORMATION

We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. If your child has an allergy or intolerance, please speak to your child's school or the Cook Manager on site for information. **Forms are available through our website or via the school.**

Key

-  Vegan
-  Wholemeal
-  Oily Fish
-  Added Plant Power